

2012 State Profile — California

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In California, 1,611 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 125,756 clients in substance abuse treatment on March 30, 2012. The survey response rate in California was 94.1%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	1,007	62.5	64,566	51.3	9,157	71.5
Private for-profit	401	24.9	44,140	35.1	1,811	14.1
Local, county, or community government	135	8.4	11,873	9.4	1,627	12.7
State government	6	0.4	477	0.4	64	0.5
Federal government	29	1.8	3,803	3.0	26	0.2
Dept. of Veterans Affairs	15	0.9	2,994	2.4	--	--
Dept. of Defense	8	--	562	0.4	--	--
Indian Health Service	6	0.4	247	0.2	26	0.2
Other	--	--	--	--	--	--
Tribal government	33	2.0	897	0.7	114	0.9
Total	1,611	100.0	125,756	100.0	12,799	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	1,078	66.9	91,143	72.5	8,266	64.6
Mental health services	65	4.0	3,516	2.8	442	3.5
Mix of mental health and substance abuse treatment services	398	24.7	3,580	19.6	3,792	29.6
General health care	33	2.0	--	2.8	134	1.0
Other	37	2.3	2,928	2.3	165	1.3
Total	1,611	100.0	125,756	100.0	12,799	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012		
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	1,438	91.9	54,194	43.2	163
Clients with drug abuse only	1,302	83.2	47,374	37.7	154
Clients with alcohol abuse only	1,210	77.3	23,934	19.1	76
Total	1,565		125,502	100.0	393

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 46.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	1,176	73.0	108,050	85.9	42	12,249	95.7
Regular	1,060	65.8	60,965	48.5	22		
Intensive	625	38.8	13,009	10.3	10		
Day treatment/partial hospitalization	245	15.2	3,309	2.6	2		
Detoxification	228	14.2	3,042	2.4	3		
Methadone maintenance	152	9.4	27,725	22.0	166		
Residential (non-hospital)	571	35.4	16,533	13.1	16	520	4.1
Short term (<30 days)	327	20.3	2,785	--	3		
Long term (30+ days)	520	32.3	12,000	9.5	12		
Detoxification	169	10.5	1,748	1.4	3		
Hospital Inpatient	48	3.0	1,173	0.9	11	30	0.2
Treatment	38	2.4	707	0.6	5		
Detoxification	44	2.7	466	0.4	6		
Total	1,611		125,756		36	12,799	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	139	11.9
Clients in Facilities with OTPs		
Methadone	30,065	94.1
Buprenorphine	182	0.6
Clients in Facilities without OTPs		
Buprenorphine	1,715	5.4
Total	31,962	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	1,351	83.9
Private health insurance	732	45.4
Medicare	305	18.9
Medicaid	521	32.3
State-financed health insurance	329	20.4
Federal military insurance	225	14.0
No payment accepted	67	4.2
Access to Recovery (ATR) vouchers ²	158	9.8
IHS/638 contract care funds	68	4.2
Other payments	102	6.3
Sliding fee scale	1,043	64.7
Treatment at no charge for clients who cannot pay	883	54.8

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	1,486	92.2
State substance abuse agency	1,355	84.1
State mental health department	275	17.1
State department of health	329	20.4
Hospital licensing authority	63	3.9
The Joint Commission	145	9.0
Commission on Accreditation of Rehabilitation Facilities	303	18.8
National Committee for Quality Assurance	59	3.7
Council on Accreditation	76	4.7
Other state/local agency/organization	153	9.5

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	963	59.8

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	1,583	98.3
Screening for substance abuse	1,535	95.3
Screening for mental health disorders	868	53.9
Comprehensive substance abuse assessment or diagnosis	1,387	86.1
Comprehensive mental health assessment or diagnosis	491	30.5
Screening for tobacco use	670	41.6
Outreach to persons in the community who may need treatment	1,043	64.7
Interim services for clients when immediate admission is not possible	678	42.1
Testing	1,470	91.2
Breathalyzer or other blood alcohol testing	931	57.8
Drug or alcohol urine screening	1,415	87.8
Screening for Hepatitis B	294	18.2
Screening for Hepatitis C	374	23.2
HIV testing	567	35.2
STD testing	356	22.1
TB screening	611	37.9
Counseling	1,595	99.0
Individual counseling	1,576	97.8
Group counseling	1,512	93.9
Family counseling	1,132	70.3
Marital/couples counseling	754	46.8
Transitional Services	1,527	94.8
Discharge planning	1,473	91.4
Aftercare/continuing care	1,236	76.7
Pharmacotherapies	608	37.7
Antabuse®	204	12.7
Naltrexone (oral)	199	12.4
Vivitrol® (injectable Naltrexone)	121	7.5
Campral®	152	9.4
Nicotine replacement	249	15.5
Non-nicotine smoking/tobacco cessation medications	187	11.6
Medications for psychiatric disorders	361	22.4
Methadone	191	11.9
Buprenorphine with naloxone (Suboxone®)	283	17.6
Buprenorphine without naloxone	190	11.8
Ancillary Services	1,601	99.4
Case management services	1,434	89.0
Social skills development	1,332	82.7
Mentoring/peer support	1,112	69.0
Child care for clients' children	222	13.8
Assistance with obtaining social services	908	56.4
Employment counseling or training for clients	737	45.7
Assistance in locating housing for clients	924	57.4
Domestic violence services	699	43.4
Early intervention for HIV	557	34.6
HIV or AIDS education, counseling, or support	1,096	68.0
Hepatitis education, counseling, or support	855	53.1

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	1,013	62.9
Substance abuse education	1,572	97.6
Transportation assistance to treatment	817	50.7
Mental health services	775	48.1
Acupuncture	91	5.6
Residential beds for clients' children	98	6.1
Self-help groups	974	60.5
Smoking cessation counseling	570	35.4

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	1,565	97.1
Relapse prevention	1,505	93.4
Cognitive-behavioral therapy	1,333	82.7
Motivational interviewing	1,343	83.4
Anger management	1,324	82.2
Brief intervention	1,276	79.2
12-step facilitation	1,225	76.0
Trauma-related counseling	1,088	67.5
Contingency management/motivational incentives	1,062	65.9
Rational emotive behavioral therapy (REBT)	533	33.1
Matrix Model	702	43.6
Computerized substance abuse treatment	257	16.0
Community reinforcement plus vouchers	259	16.1
Other treatment approaches	214	13.3

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	489	36
Number of clients ²	14,351	1,046
Number of designated beds	14,331	960
Utilization rate ³	100.1	109.0
Average number of designated beds per facility	29	27

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	1,358	84.3
Clients with co-occurring disorders	616	38.2
Adult women	554	34.4
DUI/DWI offenders	132	8.2
Adolescents	483	30.0
Adult men	448	27.8
Criminal justice clients	428	26.6
Persons who have experienced trauma	447	27.7
Pregnant or postpartum women	285	17.7
Persons with HIV or AIDS	167	10.4
Veterans	132	8.2
Seniors or older adults	150	9.3
LGBTQ ¹ clients	142	8.8
Active duty military	85	5.3
Members of military families	78	4.8
Other groups	237	14.7

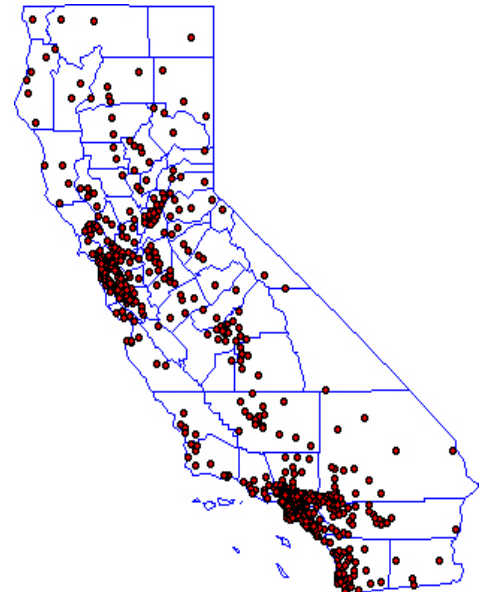
¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	298	18.5
Any language other than English	821	51.0
Non-English Language Provided by:		
On-call interpreter only	67	8.2
Staff counselor only	534	65.0
Both staff counselor and on-call interpreter	220	26.8
Languages Provided by Staff Counselor:¹		
Spanish	730	96.8
American Indian/Alaska Native languages	13	1.7
Other	194	25.7

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/